

Monday Blues Shawl – A Free Crochet Shawl Pattern

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I am calling this shawl the 'Monday Blues Shawl'. Mainly because it is made in shades of blue, but also because I finished it in time to wear it on a particularly Blue Monday. At the end of my blah Monday, I wrapped myself in this shawl and it made me feel better. I was still squished sardine-style on the commute, and it was still VERY cold on the walk home from the station, but I buried my nose in the shawl (wrapped around my neck and face like armour) and reveled in the fact that I had loved every minute of making it!



MONDAY BLUES SHAWL

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The shawl is a shallow triangle, making it perfect for wearing as a scarf as well a shawl or wrap. I started making it on my commute up to the [Devon Sun Yarn Retreat](#) I attended almost a month ago (I commute a lot). The pattern is the same as the one for the [Lazy Waves Shawlette](#), but I have used more repeats, a larger hook, and thicker yarn

(details and pattern below).

I love the way the colour changes make the waves stand out. I also like the clean edge obtained by working from the top down.

Monday Blues Shawl Pattern

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Resources

- **Yarn Packs:** You can buy the yarn pack for this pattern (including a printed version of the pattern) [HERE on Wool Warehouse](#).
- **Photo Tutorial:** If you have trouble understanding the instructions, please have a look at the [photo tutorial for the Lazy Waves Shawlette](#).
- **Printer-Friendly:** If you would like to **print this pattern**, please use the Print-Friendly button at the bottom of this post.
- **Ravelry:** [Add This Pattern to Your Ravelry Queue](#)

Size

215 cm long and 48 cm wide across the widest part.

Materials

- 6 mm crochet hook
- Scheepjes Noorse Sokkenwol Colour (952)
 - 4 skeins = 600 – 640 meters, depending on personal tension
 - Yarn Packs are available [HERE \(Internationally\)](#). You can also find this yarn on [Scheepjeswol.com \(NL\)](#).
- Yarn Needle

Gauge

Using dc stitches (US Terminology): 14 stitches and 9 rows per 10 cm (4") square.

Abbreviations

US Terminology Used (US/UK Conversion Chart [HERE](#))

- **Ch** – Chain



- **Dc** – Double Crochet
- **Hdc** – Half-double Crochet
- **Sc** – Single Crochet
- **Sl st** – Slip Stitch
- **St/st's** – Stitch/Stitches
- **Tr** – Treble Crochet
- * – Repeat instructions between asterisks the amount of times specified



Notes

- **Counting** – Each repeat forms one 'Wave'.
- **Shaping** – This shawl is worked **from the top down**. Each row will have one less "Wave" than the previous row, creating a triangular piece.
- **Multiples** – You will need a multiple of 8 + 3 chains to start. If you would like to make a larger shawl, simply add multiples of 8 chains. Remember that the shawl is triangular, so adding repeats will automatically add rows.
- **Stitch Markers** – To make it easier to see where your rows end, use a stitch marker to mark the first sc of each row.

Instructions

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Row 1: Ch 307 (38 repeats of 8 + 3). Sl st in the second ch from the hook. Sc in the next ch. *Hdc in the next 2 ch's, dc in the next 2 ch's, hdc in the next 2 ch's, sc in the next 2 ch's.* Repeat from * to * until you have 8 chains remaining. Hdc in the next 2 ch's, dc in the next 2 ch's, hdc in the next 2 ch's, sc in the next ch, sl st in the last ch. Turn.

Row 2: Skip the sl st. Sl st into the first 4 st's. *The last sl st should fall in the first dc.* Sc in the next dc. *Dc in the next 2 hdc's, tr in the next 2 sc's, dc in the next 2 hdc's, sc in the next 2 dc's.* Repeat from * to * until you have 11 stitches remaining. Dc in the next 2 hdc's, tr in the next 2 sc's, dc in the next 2 hdc's, sc in the next dc, sl st in the next dc. Turn, leaving the remaining 3 st's unworked.

Row 3: Skip the sl st. Sl st into the first 4 st's. *The last sl st should fall in the first tr.* **Work in the back loop only for the remainder of the row.** Sc in the next tr. *Dc in the next 2 dc's, tr in the next 2 sc's, dc in the next 2 dc's, sc in the next 2 tr's.* Repeat from * to * until you have 11 stitches remaining. Dc in the next 2 dc's, tr in the next 2 sc's, dc in the next 2 dc's, sc in the next tr, **sl st through both loops** of the next tr. Turn, leaving the remaining 3 st's unworked.

Row 4: Repeat Row 3, working through both loops of every stitch.

Rows 5–36: Repeat Rows 3 and 4 so that each alternate row is worked in the back loop only.

Row 37: Skip the sl st. Sl st into the first 4 st's. **Work in the back loop only for the remainder of the row.** Sc in the next tr. Dc in the next 2 dc's, tr in the next 2 sc's, dc in the next 2 dc's, sc in the next 2 tr's. You should now have 11 stitches remaining. Dc in the next 2 dc's, tr in the next 2 sc's, dc in the next 2 dc's, sc in the next tr, **sl st through both loops** of the next tr. Turn, leaving the remaining 3 st's unworked.

Row 38: Skip the sl st. Sl st into the first 4 st's. Sc in the next tr. Dc in the next 2 dc's, tr in the next 2 sc's, dc in the next 2 dc's, sc in the next tr, sl st in the next tr. Fasten off and work away your tails of yarn.

For best results you should block your shawl before wearing it. I use these [Interlocking Foam Exercise Mats](#) and these [Clover Fork Blocking Pins](#) (both from Amazon).

If you make this shawl, please share it with me on social media using [#mondaybluesshawl](#) [#scheepjes](#) [#noorsesokkenwol](#).



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Happy Hooking!

xxx Dedri